



# I Don't Ever Want to Smoke!

## LEARNING OBJECTIVES

This lesson will increase children's awareness and knowledge of the negative effects of smoking.

## INTRODUCTORY ACTIVITIES

### Introduction

- Welcome and pass out folders
- Complete forms
- Explain workshop objective

### Description of Ready to Learn Service

- There are 148 PBS stations with Ready to Learn services that provide workshops and outreach for parents and caregivers
- The Ready to Learn initiative is funded through the U.S. Dept of Education.
- Describe First Book program.
- Talk about other workshops we offer to parents and teachers.

### Icebreaker

- Origami butterfly – use printed directions from (<http://www.enchantedlearning.com/crafts/butterfly/origami/printable.shtml>) to create and design a butterfly.
- Parents guide and assist children in the folding of the origami butterfly. Using crayons, children design and color their butterfly.

- Use pipe cleaners to create antennae. Attach with tape.

### Station and program information

- Refer to Children's program schedule.
- Programs can be taped for later use and this provides adult with more control over what is to be taught.
- Each program is based on a curriculum and is age appropriate for certain age.
- Guess what age level your groups show is appropriate for?
- Go over children's programming handout.

## VIEW

*The Kids and Cancer Prevention vignette, "I Don't Ever Want to Smoke!"*

*Eeeuuwww!!!* Most smokers began smoking as pre-teens. As with other cancers, the long-term risks of lung cancer rarely factor into their desire to quit or not start. The immediate effects-- bad smell, bad breath, yellow teeth—have a stronger impact. This vignette will find kids who think cigarette smoking is so “yucky” and

“gross” they wouldn't even consider starting. The focus will be on the children's reactions to smoking, in their own words.

## READ

*Dog Breath by Dav Pilkey*

Before Reading the Story: Read the title of the story and discuss the picture on the book cover. What do you see? What do you think this book will be about? Ask child what “Dog Breath” is. Is it good or bad? What could give a *person* breath that is bad? (encourage answers such as: eating certain foods, not brushing teeth, smoking)

Model to parents how to conduct a book walk by explaining the cover of the book, back of the book, spine, title, author and illustrator.

Introduce story: This is a funny story about how people react to the dog's bad breath. Listen to what happens because of Hally Tosis' bad breath. Read book.

After the story: What were some things that people did when they smelled Hally's bad breath? (Encourage answers such as: people walked on the other side of the street, they held their noses, grandma passed out, and children got sick on the roller coaster.) Why would someone start smoking if it has bad things happen to them?

## VIEW

*Mr. Roger's Clip "It's You I Like"*  
*Available in RTL Clip Reel*

Before the video: Tell parents that PBS shows are all created with the intent of teaching children something (social skills, literacy,

reading, math, problem solving). It is important for them to encourage their children to be active watchers of television, and to be aware of what and how much the child is watching. Limiting television is essential in a child's life.

This clip will cover how important we all are and how therefore must take all steps necessary to ensure our health.

Model interactive viewing while watching the short clip. As they watch the video ask them to look for something they can do at home with their child to make learning fun!

## DO

*A learning activity*

Introduce to children and parents an easy activity they can do together. This activity will help children identify activities they could do with their family and friends that will help keep their bodies healthy.

## MATERIALS

- Crayons
- Glue stick
- Printed sentence construction words
- Printed sentence construction template
- Scissors

## ACTIVITY

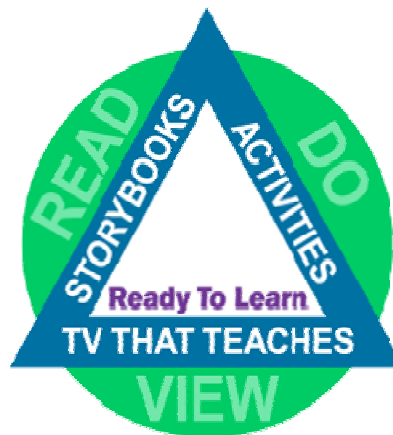
1. Ask children what activities they could do as a **family** and with **friends**.
2. Distribute the sentence construction template and sentence construction words sheets.
3. Parents and children cut out the words in the top half of the words page and

construct them to make a complete sentence. (This is what I like to do with my friends.) Glue the words in the box on the sentence construction template. Have children illustrate one of the activities they articulated in step #1 underneath the sentence.

- Parents and children cut out the words in the bottom half of the words page and construct them to make a complete sentence. (This is what I like to do with my family.) Glue the words in the second box on the sentence construction template. Have children illustrate one of the activities they articulated in step #1 underneath the sentence.

## MATERIALS LIST FOR BAGS

- *Dog Breath by Dav Pilkey*
- One square piece of white construction paper
- Two pieces of pipe cleaner (one cut in half)
- Crayons
- Printed origami butterfly directions
- Glue stick
- Printed sentence construction words
- Printed sentence construction template
- Scissors



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[Enchanted Learning Software's](http://www.enchantedlearning.com)

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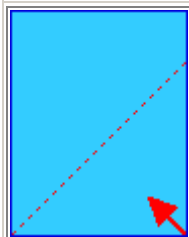
## Origami Butterfly

[More Kinder Crafts](#)

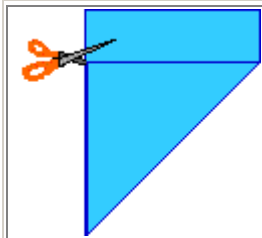
A simple-to-make origami butterfly.

### Supplies needed:

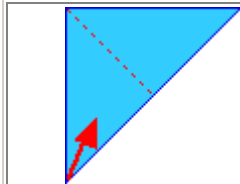
- Construction paper
- Scissors
- Markers or crayons
- A pipe cleaner or curling ribbon for antennae



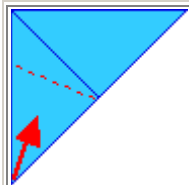
Start by making a square piece of paper. To start making a square, fold the corner of a piece of paper over.



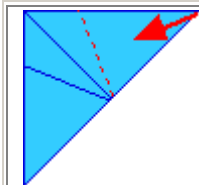
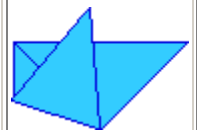
To finish making the square, cut off the small rectangle, forming a square (which is already folded into a triangle).



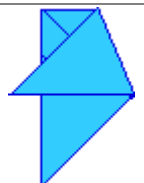
Fold the triangle in half.

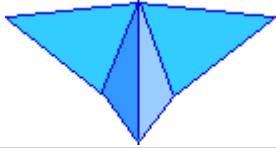


Open up the fold you just made. Put the triangle on the table with the central fold pointing up (like a tent). Fold one corner over.



Open it up again. Fold the other corner over.





Open it up. You now have a butterfly shape.



Decorate the butterfly.

Attach two antennae made of pipe cleaners or curling ribbon (curled by pulling along a scissors).

like

my

is

I

This

to

with

friends.

is

with

like

what

I

to

This

do

# My name is



## Things to do at Home



Fingerplays such as “The Five Little Ducks” will help children learn to hear the rhythm of the song and connect rhyming words.

Create a rhyming basket and have your child look for items around the home that rhyme. For example sock/lock bag/rag.

Reciting tongue twisters such as “She Sells Seashells” will help children pay close attention to the similarities and differences of the sounds of language.