

SELF-INJURY: THE SILENT STRUGGLE

A Town Hall Forum and Panel Discussion

*Wednesday, November 9, 2005 ■ 5:30 p.m. to 7:30 p.m. ■ Refreshments will be served
Dr. Burton E. Grossman International Conference Center
847 East Hildebrand (corner of US Highway 281 and East Hildebrand)
CEU credit is available (visit www.healthcollaborative.net for details about CEU credit)
Refreshments will be served*

What Is Self-Injury?

Self-Injury is the act of attempting to alter a mood by inflicting physical harm serious enough to cause damage to one's body. Most teens who self-injure go to great lengths to hide their wounds. Many consider their self-injury to be a deeply shameful secret and dread the consequences of discovery.

Who Should Attend?

- ▶ Parents, Teachers, and Counselors
- ▶ Health care professionals
- ▶ Nurses and Social workers
- ▶ Police
- ▶ Clergy
- ▶ Adults who work with youth

Moderator and Panelists:

- ▶ Jeannie Von Stultz, PhD, *Bexar County Juvenile Probation, Moderator*
- ▶ Kathy Cunningham, *Southwest Mental Health Center*
- ▶ Susan Mengden, PhD, *Private Practitioner*
- ▶ Lynn Briones, *Parent*
- ▶ Lindsey Teeter, *Teenager*

How to Register for This Free Event:

Register online at www.klrn.org (click on the Self-Injury link). Deadline to register is Nov. 7. Questions? Call Amy Rames at 210.270.9000, ext. 2247.

Presented By:



Bexar County
Suicide
Prevention Coalition

