

BINGE DRINKING: TOO MUCH, TOO SOON, TOO RISKY

A Town Hall Forum and Panel Discussion

**Tuesday, January 24, 2006 ■ 5:30 p.m. to 7:30 p.m. ■ Refreshments will be served
First Church of the Nazarene, 10715 West Avenue (near Lockhill-Selma)
CEU credit is available (at no cost) for licensed professional counselors, social workers,
licensed marriage therapists, and licensed chemical dependency counselors**



What Is Binge Drinking?

Binge drinking is the consumption of five drinks for males and four drinks for females during one drinking experience. According to research by the *National Institute on Alcohol Abuse and Alcoholism*, the average age when youth first try alcohol is 11 years for boys and 13 years for girls. Adolescents who begin drinking before age 15 are four times more likely to develop alcohol dependence than those who begin drinking at age 21. Also, alcohol is a primary factor in the three leading causes of death for 15- to 24-year-olds--automobile crashes, homicides, and suicides.

Who Should Attend?

- ▶ Parents, teachers, and counselors
- ▶ Nurses, social workers, and other health care professionals
- ▶ Members of the clergy
- ▶ Adults who work with youth

Moderator and Panelists:

- ▶ Will Brown, Palmer Drug Abuse Program, *Moderator*
- ▶ Christina Guerra, Texas Alcohol Beverage Control Board
- ▶ Boyce Elliott, M.D.
- ▶ Trish Frye, LCCD, AAC, Counselor, Palmer Drug Abuse Program

How to Register for This Free Event:

Register online at www.klrn.org (click on the Binge Drinking link). Deadline to register is Jan. 20.

Questions? Call Amy Rames at 210.270.9000, ext. 2247.

Presented By:

